

THE LODGE FRANGIPANI SPA



Indulgent natural Spa Treatments at The Lodge Frangipani Spa. The Lodge Spa features two Spa Treatment Rooms for a contemporary Spa experience, with private changing rooms and showers. The menu includes an array of Asian-inspired body treatments, facial and body rituals to create a distinctive Spa Experience. Spa Hours are from 9am till 8pm, with last treatment at 6:30pm

SPA ETIQUETTE

Our spa environment is one of relaxation and tranquility. Please respect all spa guest right to privacy and serenity. We appreciate you turning off your mobile phone while in the spa.

HEALTH

Kindly advise us of any health conditions, allergies or injuries, which may affect your treatment, when making our spa reservation.

PREGNANCY

Please advise and allow our spa reception to guide you in selecting which treatments are suitable for you during this special time.

RESERVATION

Please dial '0'.

ROOM / BEACH

Spa in-room service / on-the-beach service. At additional charge of Rp 100++

CANCELLATION

A minimum of 4 hours notice is required for cancellation of any appointment. "No Show" will be charged at 50% of total treatment price.



THE LOMBOK LODGE
LUXURY LODGE SUITES . INDONESIA

THE LODGE FRANGIPANI SPA



MASSAGES

THE LOMBOK LODGE MASSAGE

690++ (60 MINUTES)
890++ (90 MINUTES)

Whether you seek relief for overexerted muscles, or simply want to let your mind and body escape reality, your therapist will customize your massage using specialty products and techniques essential to your ultimate relaxation and rejuvenation.

THE BALINESE MASSAGE

690++ (60 MINUTES)
890++ (90 MINUTES)

A traditional treatment for those seeking total relaxation. Techniques of skin rolling, long kneading strokes, acupressure, and foot massage are believed to renew, strengthen, and create total relaxation of body, mind & soul.

THE STRESS RELIEVING MASSAGE

690++ (60 MINUTES)
890++ (90 MINUTES)

Drawing upon the best of Eastern and Western techniques, this oil massage combines soothing strokes and stretching to loosen muscular tension, and encourage lymphatic flow to balance the internal system.



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MASSAGES

**THE THAI MASSAGE
A TASTE OF THAILAND**
690++ (60 MINUTES)
890++ (90 MINUTES)

Thai massage has been used for centuries to bring balance to body, mind & energy. It incorporates the four elements of life theory embracing earth, wind, fire, and water. Given clothed and without oil this experience involves pressure point massage using thumbs, hands, arms, knees, and feet, as well as stretching movements. It is an invigorating therapy that relieves muscular tension, loosens joints and opens energy channels.

**THE LOMBOK LODGE
HOT STONE MASSAGE**
990++ (90 MINUTES)

Smooth Rinjani Lava Stones are heated from the inside by combining natural ingredients of minerals and salt water, and glide seamlessly over your body, creating synergy of warmth, relaxation and beauty for a sensation of unsurpassed bliss.

**THE LOMBOK LODGE
HEAD MASSAGE**
490++ (30 MINUTES)
690++ (60 MINUTES)

Based on the principles of Ayurveda, this soothing yet energizing head massage combines pressure point techniques to relieve tension in the head and neck. While also restoring vital tranquility, this treatment can help relieve insomnia, chronic headaches, migraines sinusitis.

**THE LOMBOK LODGE
FOOT MASSAGE**
490++ (30 MINUTES)

Float into deep relaxation for a divine sense of balance and well-being



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BEAUTY SALON

NATURAL FACIAL FOR HIM AND HER

690++

This multi-active, 100% natural treatment is tailored to every skin type. Your therapist will select products to correct any major imbalances in your skin. At the heart of this treatment is a mask that has a truly unique and surprising texture. It stimulates and enhances the action of the products applied during the treatment whilst moisturizing and decongesting – an indispensable step to a healthy, glowing complexion.

SHISEIDO FACIAL FOR HIM AND HER

690++

Shiseido facial

MANICURE / PEDICURE

490++

Manicure or pedicure



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Rates are in thousand Rupiah and subject to 21% service- and government tax.

THE LODGE FRANGIPANI SPA



From preparing skin to bask in the sun, to conditioning skin to look its best in warm weather clothing, our therapist will customize a scrub to gently exfoliate, smooth and re-energize, suitable to your skin type. Guests select their aromatherapy of choice, which is incorporated in a gentle yet effective resurfacing scrub, and an ultra-moisturizing emulsion that leaves the skin incredibly soft and supple.

BODY SCRUBS

NATURAL SCRUB

590++

Fresh milk, honey, oatmeal, tamarind and watermelon.

HERBAL SCRUB

590++

Tradition herbs, pure honey and sesame seeds to enrich the skin and encourage new cell growth.

COCONUT SCRUB

590++

Coconut scrub

SUNBURNED BODY WRAP

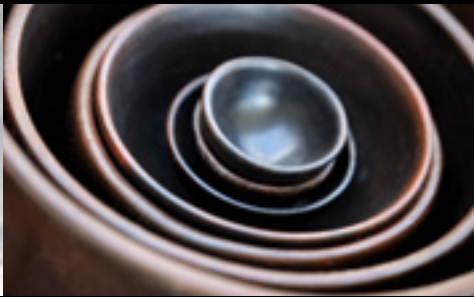
690++

Aloe Vera, a natural healer for sun-burns, is applied to the entire body, especially to affected areas. This cooling ingredient provides instant relief while moisturizing and encouraging new cell growth.



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EXOTIC HONEYMOON PACKAGE

The traditional ritual of Indonesian Wedding Ceremony

RITUALS
1090++ (PER PERSON)

FIRST RITUAL, A FULL BODY MASSAGE

To help reducing The Stress Feeling.

SECOND RITUAL, LULUR.

To clean the skin with traditional scrub of sandal wood, lavender, rice powder and traditional herbs. Yoghurt to smoothing and moisturizing skin.

THE LAST RITUAL, A ROMANTIC FLOWER BATH.

Our therapist will prepare a flowerbath in your Lodge to create a romantic feeling and sweet memories.



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EXOTIC BABYMOON PACKAGE

FOR HER

SPECIAL 60-MINUTES PREGNANCY MASSAGE
AND 60-MINUTES FACIAL

FOR HIM

60-MINUTES FULL BODY MASSAGE OF CHOICE

1 670++ (PER COUPLE)



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PRIVATE YOGA CLASSES



INFO

One session – One person – One hour

USD 45++

One session – Starting from 2 persons – One hour

USD 30++ per person



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